

## Foreword by Roly

Hello everyone. I want to introduce you to Rosie's autobiography. I am possibly one of the people who have encouraged her to do this most, and probably one of the most biased; being married to Rosie I love and rate her with a passion, but I am also one of her most outspoken critics.

Rosie was offered publishing deals by major companies to do this many years ago but she resisted their approaches for a number of reasons. Firstly because of a desire to protect her young daughter from discovering things about her somewhat chequered past in print; for those of you who don't know, Rosie was once married to a member of the Rolling Stones and has experienced a very high celebrity lifestyle, which it has to be said almost killed her. Secondly, having been married to a "superstar" is not the most important thing about Rosie, so it's not a thing she likes to big up. Thirdly she doesn't want to write a book that spends the majority of its emphasis on her past and then trots out the *but then I became a Christian* cliché. Visiting her past is a painful and brave experience for Rosie, and being close enough to see that makes me admire her even more. This is not just a 'rock star's moll comes good' story, however, in her case, it really happened. Rosie is a mature, highly intelligent Spiritually minded woman whose knowledge of the Bible and whose integrity have caused her to withdraw from many barmy 'Christian' activities; Rosie has probably made as many mistakes this side of her conversion than before her Christian experience and continues to learn. The transparency she will afford you is to be valued highly; it may be vital in emancipating you, especially if you don't have one of those seemingly text-book experiences and have suffered at the hands of well intentioned, though very damaging platitudes that medics, dieticians, pharmaceutical companies, psychologists and the Church can all promulgate from time to time.

Episodes that Rosie publishes will probably not be in chronological order, so escort her in the making of the jig-saw. There will be something in her writings that will reach your heart, of that I am convinced.

Rosie is a great singer-songwriter, she cooks like a gourmet chef, is a terrific gardener; she is well travelled, articulate and a totally inspiring woman, but without a doubt the most important thing about Rosie is her relationship with JESUS. If Rosie's words move you to know HIM, either for the first time or more deeply than you do now, then more will have been achieved than you could ever imagine.

I commend her wholeheartedly to you.

Roly.